

AGONISING KNEE PAIN?

There is now a treatment that could help reduce the torment

NO SURGERY. NO DRUGS.

ARE YOU ONE OF THE PEOPLE WHO COULD BENEFIT FROM A UNIQUE TREATMENT THAT SHOWS REAL PROMISE FOR COPING WITH KNEE PAIN?


A thorough consultation, lasting around two hours, with one of our specially-trained Registered Physiotherapists, could reveal if your knee pain could be reduced **without** drugs and **without** surgery. Your consultation, at no obligation could reveal if this treatment is suitable for you.

AposTherapy for Knee and Lower Back Pain:

- Safe, non-surgical and drug-free
- Clinically-proven¹ for lasting pain relief
- Fully personalised for your condition
- 95%² satisfaction rate

AN INITIAL IN-DEPTH CONSULTATION

This innovative treatment starts with a telephone call where you can book an appointment for an initial in-depth consultation by a specially-trained Registered Physiotherapist at Camden Medical Centre. During that call, we can advise immediately on suitability to attend the initial in-depth consultation.



What causes knee pain? In most cases, it is the wear and tear on the cartilage in the knee joint otherwise known as knee osteoarthritis. The thin cushion of tissue between the end of the thigh bone and the top of the shin bone has become worn and is no longer doing the job it was meant to. This wear can be caused by sports injuries or more commonly, simply the passing of the years.

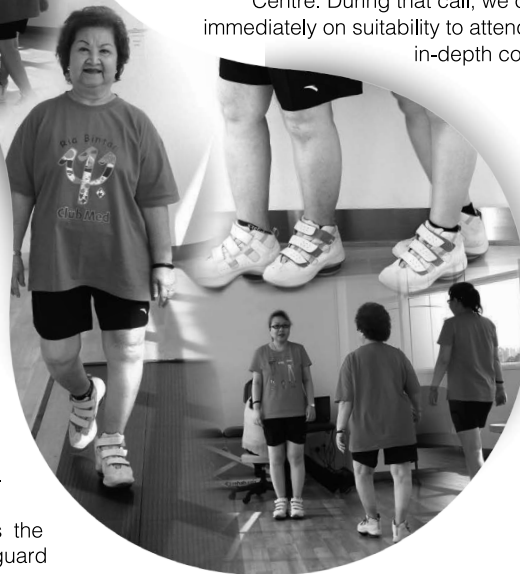
It's very common. Thousands of people find that knee pain becomes an increasingly stressful part of their lives. Simple pleasures such as travel or shopping becomes a burden.

WHAT CAN BE DONE?

Knee pain can start as nagging discomfort. If left untreated, the pain grows steadily worse over months and years until walking itself becomes difficult and distressing. In its early stages, pain killers and anti-inflammatories usually bring some pain reduction.

When we have joint problems, the brain signals the muscles to tighten around the joint in an effort to guard against further injury. We then walk differently, putting more pressure on the joint, causing even more pain and creating a vicious cycle.

AposTherapy[®] is an innovative, drug-free, non-surgical treatment developed by doctors in orthopedics and sports medicine. AposTherapy[®] re-educates your brain and muscles to work properly again, brings your body into optimal alignment and creates healthier walking patterns and improved function. Around the world, this new approach has already been taken up by more than 50,000 sufferers.



To learn more, call the number below or email info@apos.com.sg

6276 7000

www.AposTherapy.com.sg

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AposTherapy
Be yourself again

AposTherapy
is now
available via:

Core Concepts
The Muscle & Bone People

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